



Bleeding Gums

Bleeding gums can be a temporary affliction but long term bleeding could be your body indicating a more serious problem.

Causes

The most likely reason your gums are bleeding is because of plaque and tartar buildup at the base of your gums.

Other causes include: Being too aggressive while brushing/flossing, Teeth or gum infection, Ill-fitted dentures and braces, Hormonal changes due to pregnancy, or Medications to reduce blood clotting.

Serious problems that cause bleeding gums can be diabetes, scurvy and leukaemia.

Seeking Advice

Please make sure to tell us everything you can about your bleeding gums. How long have they been bleeding? Does the bleeding occur every time you floss or brush? Are you taking any regular medications? Are there any other unexplained symptoms occurring with the bleeding?

We'll also be asking you questions about your lifestyle, oral care practices and diet to pin-point the underlying cause and get you on a treatment program as soon as possible.



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