

# Laser Gum Treatment

The need to pull out a tooth is often unexpected for many patients but doesn't need to be stressful.

## **Symptoms**

Laser gum treatment is used to treat gum disease (periodontal disease).

Visible and physical symptoms may include Bleeding gums, Bad breath, Sensitive teeth or Receding gums. Laser gum treatment will stop the disease from advancing even further.

## Procedure | Treatment for Periodontal Disease

- 1. Local anaesthetic injected to the gums to numb. Our dentist use the best possible techniques and pre-procedure techniques to ensure you feel little to no pain for the injection.
- 2. A thin layer of lining between your teeth and gums will be removed with the laser. This removes some of your damaged gum tissue and makes way for access to the calculus.
- 3. The calculus, below your gum line is removed with a water spray, removing all infections.
- 4. If calculus remains on the teeth, we use the laser to remove it.

# After procedure care

# Do's

- Follow a soft-food only diety for 5 days.
  This will allow for optimum healing of your gums.
- Continue twice daily brushing.
- Swelling, bleeding and tenderness after the procedure is normal.

# Dont's

- Be careful not to bite your tongue or cheek while the anaesthetic is wearing off.
- Try not to touch the area with your tongue or hands.
- Don't consume alcohol or smoke for at least 24 hours to allow healing.
- Avoid rigorous activity for several days, and any cleaning should be done gently.
- Avoid hot drinks and foods, crunchy foods, seeds, small grains and soft drink for at least three days.
- No excessive or forceful spitting.

#### Prevention

The best form of prevention is good oral hygiene habits including; twice daily brushing and once daily flossing.

Regular visits and cleaning with us is very important for patients who have a previous history of gum disease. We will be able to provide medical grade cleaning and uncover any problems you may be developing, before they get worse.

## Cost | From \$650

The total cost can be affected by several factors including:

- The extent of the gum disease
- If you need both top and bottom arches treated
- The number of visits needed

#healthisparamount



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